

SERVING SIZE CHART

Dog's weight in pounds	Amount per serving for cooked recipes	Amount per serving of meat	Vegetables per serving	Carbohydrates per serving	Organic meat per serving	Fishcakes per serving	Burgers per serving	Hard-boiled eggs per day	Extras* per serving
3-5	1/2 cup-1/2 cup	2-3 Tbs.	1/4-1/2 Tsp.	1-2 Tsp.	1/4-1/2 Tsp.	1/4	1/4	1/4 egg	1/4 Tsp.
5-10	1/2 cup-1/2 cup	1/2-1/2 cup	1/4-1/2 Tsp.	2 Tsp.-1 Tbs.	1/4-1/2 Tsp.	1/2	1/2	1/4 egg	1/2 Tsp.
10-20	1/2 cup-3/4 cup	1/2-3/4 cup	1/2-1 Tsp.	1-2 Tbs.	1/2-1 Tsp.	1/2	3/4	1/4 egg	1 Tsp.
20-30	3/4 cup-1 cup	1/2-3/4 cup	1-1 1/2 Tsp.	2-3 Tbs.	1/2-1 Tsp.	3/4	1	1/2 egg	2 Tsp.
30-40	1 cup-1 1/2 cups	3/4-1 cup	2-3 Tsp.	3 Tbs.-1/4 cup	1-1 1/2 Tsp.	1	1 1/2	1 egg	1/2-1 Tbs.
40-50	1 1/2 cups-2 cups	3/4-1 cup	1-2 Tbs.	1/4 cup-1/2 cup	2 Tsp.-1 Tbs.	1 1/2	1 1/2	1 1/2 eggs	1 Tbs.
50-60	2 cups-2 1/4 cups	1-1 1/2 cups	1-2 Tbs.	1/2 cup-1/2 cup	2 Tsp.-1 Tbs.	1 1/2	2	1 1/2 eggs	1-1 1/2 Tbs.
60-70	2 1/4 cups-2 1/2 cups	1-1 1/2 cups	2-3 Tbs.	1/2 cup-1/2 cup	1 1/2 Tbs.-2 Tbs.	1 3/4	2	2 eggs	1 1/2-2 Tbs.
70-80	2 1/2 cups-2 3/4 cups	1 1/2-2 cups	3 Tbs.-1/4 cup	1/2 cup-3/4 cup	1 1/2 Tbs.-2 Tbs.	2	2 1/2	2 eggs	1 1/2-2 Tbs.
80-100	2 3/4 cups-3 1/4 cups	1 1/2-2 cups	1/4-1/2 cup	1/2 cup-3/4 cup	2-2 1/2 Tbs.	2	2 1/2	2 eggs	2 Tbs.

*Extras include yogurt, wheat germ, flaxseed meal, oils, pumpkin, apple cider vinegar, and cottage cheese. Anchovies, mackerel, and sardines are considered extras for recipes in the raw recipes chapter.

