

# Facts about Raising Children

## Love Your Children

Love your children constantly and unconditionally to give them security.

## Use Positive Discipline

Say "Do this" more than "Don't do that." Be consistent, you must use the same standards. Be clear, rules must not be confusing. Be reasonable, explain why you are giving a direction. Be authoritative, don't hesitate or be indecisive. Administer in private, avoid punishing a child in front of others.

## Listen

Listen to your children and encourage them to express true feelings.

## Be Good to Yourself

Time alone is important to your well-being.

## Develop Mutual Respect

Insist on good manners within the family as a fundamental form of respect.

## Teach Right from Wrong

State your own moral values and discuss them with your children.

## Spend Time Together

Play just for fun and use family activities to build family spirit.

## Offer Guidance

Be brief and encourage your child to come up with his own solutions.

## Encourage Independence

Let children make minor decisions then slowly increase their responsibility.

## Be Realistic

Expect to make mistakes but follow your own common sense.

